

Imagine...

...healing old wounds, resolving inner conflicts, letting go of pain and living openly from your heart.

•

...using your mind as your most powerful ally.

•

...slowing down your internal voices and relating to the world from a place of being and knowing.

•

...awakening your authentic spirituality, and staying connected to the sacred in everyday life.

•

...living the balance of your inner peace and outer strength.

In this powerful and graceful workshop, we use deep emotional work, heart-opening spiritual practices, and mindful life training with the intention of empowering us to live meaningful and content lives.

And, we have fun.

We create the opportunity for greater wholeness by weaving together and balancing the core elements of our lives: emotional healing, authentic spirituality, life purpose and mission, and clear thinking.

Learn...

Learn in an intensive five-day retreat, we explore the questions:

Who Am I?
Where Am I Going?
and...
With Whom?

We invite you to experience a meditative place of wonder and beauty, combined with intense opportunity for transformation. Through sacred ritual, deep personal work and meditation - we begin the integration of the Warrior and the Monk.

Within our safe soul-container, we use powerful processes to explore your spiritual essence and emotional well being. We help you weave together and balance the power of your heart, mind, spirit and mission.

In accessing the energy of the Warrior, discover how to harness the power of intention and live your life purposefully. Through contemplative practices of the Monk, learn to listen for your calling and live consciously with peace.

Develop mind flexibility as you heal inner conflicts, release self-limiting beliefs and remember who you really are.

By choosing how you think, you choose how you live. Experience paradoxical thinking and reality creation skills. Use the reality creation tools to hold your life purpose and personal mission in a fire from which precise goals will manifest.

The result of this work is the reduction of the dysfunctional ego and the emergence of a more balanced feeling, thinking and knowing self.



Experience...



"Warrior Monk held up a highly polished mirror to the beliefs keeping me from the full expressions of my power. I recommend it to anyone ready to take a giant step." Gregg Levoy, Author of Callings: Finding and Following an Authentic Life

"The Warrior Monk Training called me to sit still with my deep quiet nature and to be present to my soul voice. I experienced a beautiful blend of spirit and soul that led me to a more focused commitment to my life mission."
Marlene Nappa

"I experienced a joyful place and felt moved by the reverence and sense of the sacred." Rich Tosi,
Co-Founder of the ManKind Project Int'l

"This training is an intense self-focused experience with a spiritual motif that crosses all denominations and beliefs in a thoughtful and soulful way."
Ralph Caraffa

"I released more heartbreak and shame, and now know I create my own reality from a more grounded, loving and beautiful place." Gloria Smith

"The reality creation tools are among the most powerful processes I have ever experienced - simple, deep, enlightening, empowering and invaluable."
Scott Weaver

"I remember my sense of place in the world. I'll never again doubt that I belong - I matter."
Andrea Burleson

Schedule and Locations

The Warrior Monk Training is offered throughout the year in various cities. Please see our web site for more details - www.warriormonk.org. You can also email or call us at the information listed below for more details

Registration:

We invite men and women of any age to attend. Individuals and couples are welcome. This work is designed for those who are emotionally and spiritually open to looking deeper into all aspects of their lives. Prior self-awareness work is highly recommended.

To register, visit www.warriormonk.org or call Dan at 503-754-7985

Cost:

In the spirit of this work, we have an alternative payment method. Participants pay their room and board expense (approximately \$225 - \$385 depending on the retreat center), and at the completion of the training, we ask you to make a tuition contribution based upon:

1. your value received,
2. your ability to pay, and
3. your interest in supporting this work.

Warrior Monk is a non-profit organization.

The Warrior Monk Training

P.O. Box 783

Neskowin, OR 97149

• • •

Telephone: 503-754-7985

Email - warriormonk@awakeninglife.org

Website - www.warriormonk.org

Who am I? Where Am I Going? and... With Whom?

Warrior Monk
P.O. Box 783
Neskowin, OR 97149



The Warrior Monk Training

*The Warrior knows outer strength.
The Monk knows inner peace.*

Live Your Balance.